Youth Transition Curriculum: Building a Sustainable Future

Empowering Youth Beyond Just a Job

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Why This Curriculum?

Support both short-term goals (jobs) and long-term sustainability

Help youth see a pathway out of generational poverty

Standardized, sharable training across Kansas

Curriculum Overview

8 CORE MODULES

PRE AND POST SURVEY FOR ASSESSMENT

MIX OF VIDEOS, WORKSHEETS, STORIES, AND INTERACTIVE ACTIVITIES

Module One – Introduction to Transition

What is **Transition**?

Why planning for your future matters

Choices: work, school, independence

Module Two – Self-Advocacy

Discovering	Identifying	Speaking	Building
Discovering strengths and interests	Identifying needs and accommodations	Speaking up for yourself	Building confidence

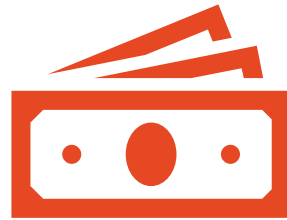# Module Three – Career Exploration and Employment Skills

Jobs vs. Careers: Thinking long-term

Exploring pathways (college, trades, supported work)

Resumes and Cover Letters

Interview skills and workplace expectations
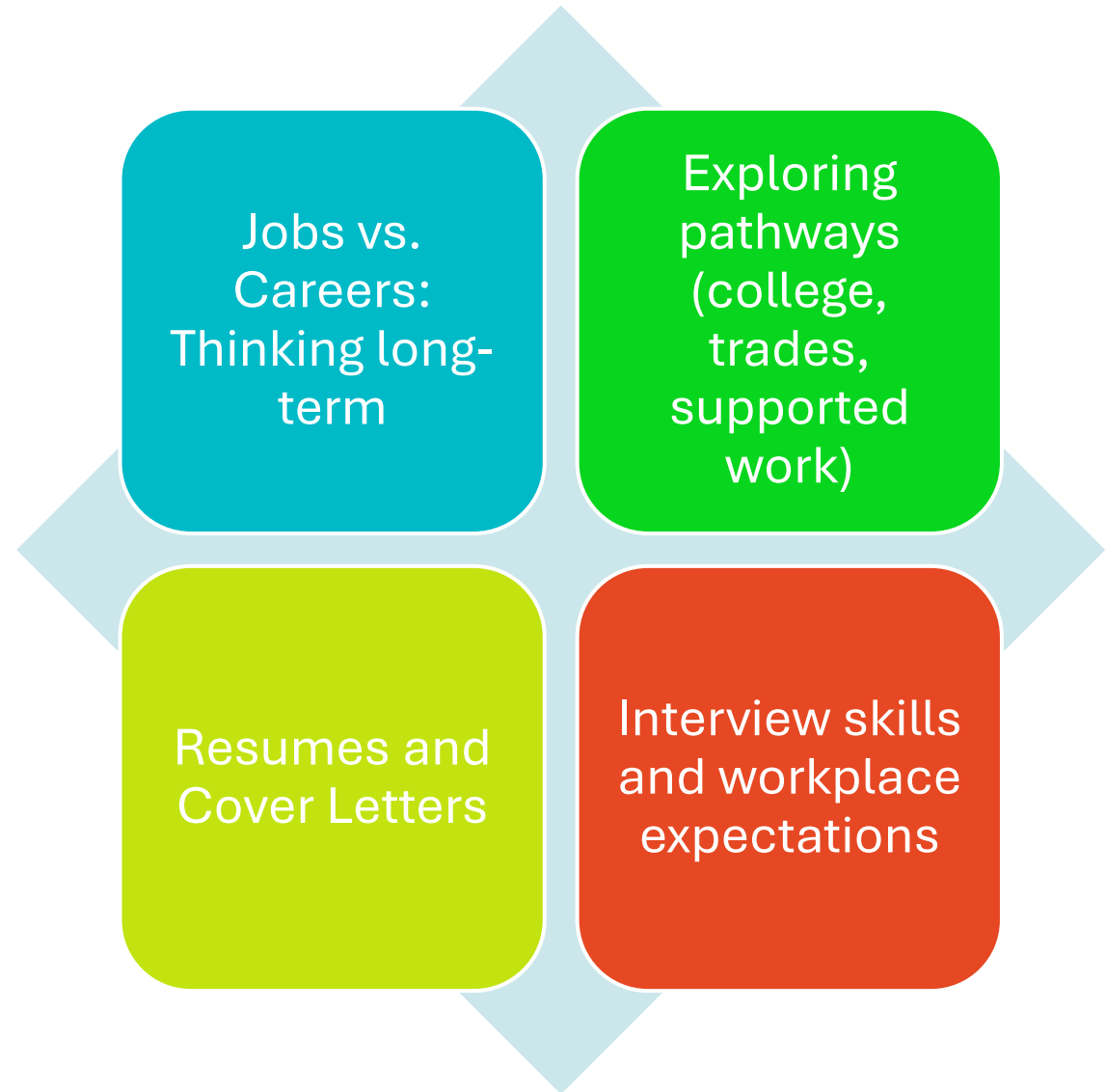
Module Four – Financial Literacy and Independence
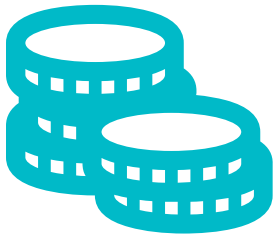
Budgeting basics

Managing money and paychecks

Planning for financial independence

Module Five

Independent Living Skills

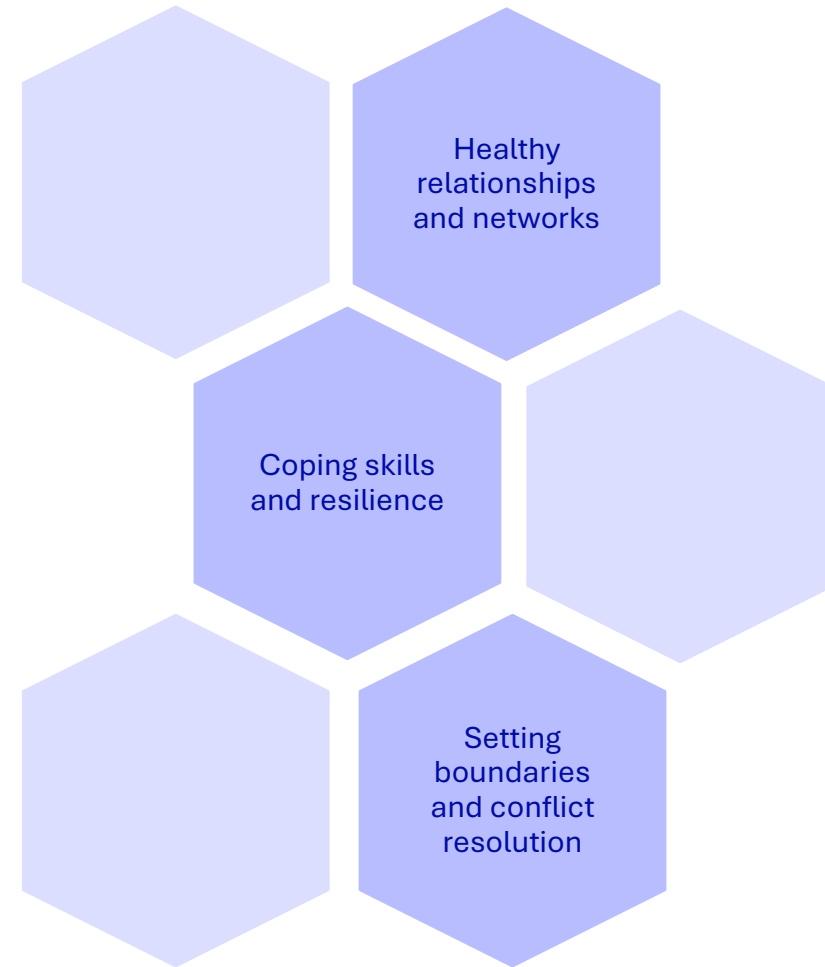Housing options

Transportation and daily routines

Cooking, cleaning, self-care

Community resources

Module Six – Social and Emotional Well-Being

Healthy relationships and networks

Coping skills and resilience

Setting boundaries and conflict resolution

Module Seven – Long-Term Goal Setting

CREATING 1 YEAR, 5 YEAR, AND 10 YEAR GOALS

BREAKING BIG GOALS INTO STEPS

STAYING MOTIVATED AND FLEXIBLE

Module Eight – Connecting to Programs and Next Steps

Overview: WORK, STEPS, local CILs like Independence Inc.

How to access supports after high school

Who to contact when you need help

Pre and Post Survey

Assessing youth knowledge and goals

Measuring progress and satisfaction

Improving the curriculum based on feedback

How You Can Help

1

Share materials and tools you already use

2

Identify key topics and what youth struggle with most

3

Pilot and provide feedback on draft modules

4

Help refine language and accessibility