

# Volunteer Peer Mentors

**Are you a person with a disability and personal experiences to share with someone who may be newer to their disability? If you're a good listener, compassionate towards others and would consider becoming a Peer Mentor, we are looking for YOU!**

**The Volunteer Peer Counseling Program pairs people who want support with their disability to others who have navigated their world with their own disability and have gained knowledge and coping skills to share with others. Our volunteers are not “professional counselors” but simply everyday people like you and I, listening, sharing and offering support in whatever format or process suits you best! Coffee? A walk? Meeting at the library? Phone conversations or FaceTime? It's up to you!**

**Questions? Interested?**

**For more information contact Rachel Vogelmeier  
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