



PEER SUPPORT

Do you have lingering symptoms long after a COVID infection? Have you been diagnosed with or think you may have Long-COVID?

WE WANT TO HEAR FROM YOU!

Long-Covid is a complicated and often frustrating and misunderstood set of signs, symptoms, and conditions that continue or develop long after initial COVID-19 infection that may be multisystemic, constant or remitting-relapsing.

As part of a Federal Grant to create stable and ongoing systems of COVID response, Centers for Independent Living across the state of Kansas are collaborating to form an **online Peer Support Group** to share stories, resources, information and coping and self-help strategies.

Whether you're a patient, a provider, a community support organization, mental health professional or anyone else interested in joining the conversation, contact us today for more information!



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