



Virtual Peer Support Group

Did you have COVID-19 and have since experienced long-term, worsening or new symptoms affecting your physical, mental or emotional health?

If so, you may benefit from Our Virtual Long-Covid Peer Support Group.

**1st Wednesday of each month
4:00-5:00 pm**

zoom link:

<https://us02web.zoom.us/j/82568933245pwd=VXRaZ3hHK1VCR2kwaVhETHdudU5mZz09> Meeting ID: 825 6893 3245 Passcode: 176701

Join others from across Kansas in various stages of their Long-Covid and/or Chronic Illness journey to share experiences and coping strategies, hear from professionals and service providers, socialize and form a community where you are heard, seen and understood.

Contact us with questions:

Lawrence Area/General Questions

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Manhattan Area

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**Scan for more information, how to register,
and for the zoom link**