



WHAT IS TRANSITION PLANNING

Transition planning is a student-centered process designed to prepare youth with disabilities for life after high school. It includes setting goals and taking steps toward postsecondary education, employment, independent living, and community participation. Starting early helps students build skills and confidence, and ensures families have time to access the resources and supports their child needs for success.

Transition planning looks different for each student, youth or young adult because every person, every situation and every mind is unique.

TRANSITION PLANNING MAY INVOLVE:

- pre-training surveys
- skill-building exercises
- executive functioning training
- games and learning exercises
- talent and interest identification
- IEP support
- pre-employment training like resume-building and mock interviews
- curriculum-based training and skill-building
- online modules and training
- GED or post-secondary education support and preparation
- job searches
- volunteer experiences
- internship opportunities
- peer group involvement
- self-advocacy support and training
- independent living skills training
- referrals to outside agencies or organizations