

YOUTH TRANSITION

for youth and young adults age 10-24 with any type of disability (including mental/emotional)

Executive Function Skill Building

Talent and Interest Exploration

Personal Goal Setting

Resume Writing & Interview Skill Building

Job Search & Application Assistance

GED Prep/Higher Education Planning and Help

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Executive Function

Impulse Control: Think Before Acting

Self Monitoring

self-aware: how are you doing & acting in this moment?

Plan & Prioritize

Ability to identify, value, set and meet your goals

Task Initiation Be a selfstarter & take action



Things
Tasks

Flexible Thinking

Adapt & adjust thoughts & behaviors to unexpected changes

Emotional Control

Identifying and managing feelings and emotions - keep them in check

Working Memory

Keep important information in mind while working, learning & problem-solving

ONE-ON-ONE INDIVIDUALIZED TRAINING

Whether you're in elementary, middle or high school – or not in school at all – we will create an individualized training plan just for YOU! Together, will identify needs, strengths, hopes and goals and figure out how to get you there – whether that's a job, higher education, preparing for the next grade or just working on life skills. **We work with all systems-involved youth!**

GROUP AND IN-CLASS TRAINING

We have transition-focused curriculum adaptable to different age groups and learning styles, to bring into the classroom and train students on building executive function skills, job-readiness and independent living skills.

PROFESSIONAL DEVELOPMENT

We provide formalized training and presentations for certified and para educators on transition services, transition training best practices and how disability organizations like ours can support you and your students.

PEER GROUPS

We are forming peer groups for youth and young adults to gather around shared experiences, hobbies and interests, as a pathway to meet other youth with disabilities, foster relationships and explore life's ups and downs together.

IEP PODCAST AND IEP SUPPORT

Join our podcast and let us hear about your experiences, your goals and your thoughts as we get to know YOU and create a MP4 file to share with your IEP team!

SO MUCH MORE!

Give us a call and lets figure out what we can do for you!



